

2013 MIAC Men's Indoor Track and Field Championship Preview

Posted: Feb 26, 2013

NORTHFIELD, Minn. -- After two years in St. Paul, the Minnesota Intercollegiate Athletic Conference (MIAC) Indoor Track and Field Championships move outside the Twin Cities for the 2013 edition, as St. Olaf College opens the doors of its Tostrud Center to welcome the league's biggest indoor event Thursday, Friday and Saturday, Feb. 28-March 2. The multi-event competitions begin Thursday afternoon, with full schedules of both track and field events running Friday and Saturday.

An unprecedented reign of excellence continued at last year's conference championships, hosted by Macalester College, as the University of St. Thomas pulled away to claim its 28th-straight MIAC Men's Indoor title. In fact, since the event is entering its 29th season, the Tommies have won every single MIAC Men's Indoor Track and Field Championship. Heading into the 2013 meet, Head Coach **Steve Mathre** and his team again headline the field as they attempt add title No. 29.

Last year, St. Thomas pulled away from the likes of Hamline, Bethel and Gustavus to claim its 28th-straight championship, as the Tommies racked up 189.5 points. The Pipers were a distant second at 129.5, while Bethel (104.5) edged Gustavus (101.0) in a spirited battle for third place. St. Olaf - this year's host school - rounded out the 2012 top five with a score of 77.5.

The other Northfield team, Carleton, finishes sixth with 69.0 points, Saint John's finished seventh with 42.5, and Augsburg just barely clipped Concordia to claim eighth place, 31.0 to 29.5. Macalester scored five points to finish 10th and Saint Mary's rounded out the 2012 MIAC men's standings.

Thanks to their dominant performance, the Tommies swept the MIAC's Indoor Track and Field Honors, and two of those individuals will be back again in 2013. Though standout runner **Mike Hutton** - the 2012 MIAC Outstanding Men's Track Athlete and national indoor champion in the 800-meter run - has graduated, UST star **Eyo Ekpo** returns for his senior season after earning both Outstanding Men's Field Athlete and Outstanding Performance of the Meet honors last season. Mathre was also honored as the MIAC Men's Indoor Coach of the Year.

Ekpo's Outstanding Indoor Field Athlete honor was his third in a row, and he will look to complete his career by sweeping the prestigious honor this weekend in Northfield. Ekpo will also be in search of his fourth-straight triple jump title, and second-straight wins in both the long jump and high jump as well. His triple-jump win - a distance of 49-3 (15.01 meters - was honored last season as the Outstanding Performance of the Meet.

The return of Ekpo isn't the only reason Mathre's bunch has their sights set on title No. 29. **Cody Jerabek** is ranked first in the 60- and 200-meter dashes to lead the UST runners, while **Bryan Thell** is ranked first in the shot put and weight throw to join Ekpo in the field events. **Maxwell Dunne** is ranked second in Division III in the heptathlon, and sophomore **Doug Thoresen** will lead in the middle-distance, as he's ranked first in the 400- and 600-meter runs, and second in the 800.

Hamline graduated some talented athletes - particularly in the distance events - but brings back talents in several areas. Christian Willman ranks in the top five in the MIAC in the 400 and 600 and **Joe Morelli** and **Joey Grussing** give the Pipers a formidable duo in the shot put, while **Travis Latzke** will lead in the jumping events. Bethel will also attempt to challenge St. Thomas thanks to a talented and balanced team. Distance runner **Zach Haskins** is among the MIAC's best, and is joined by **Matt Berens** to lead the Royals. **Ian Moore** will anchor the Bethel jumpers, **Rob LeMay** leads the sprinters and **Bucky Dixon** is back for the Royals as an All-Conference thrower.

Gustavus has a pair of stars back in its lineup, including versatile junior **Blair Riegel** (jumps/sprints) and reigning MIAC pole vault champion **Josh Owens**. Thrower **Ryan Obele** and middle distance runner **Eric Jorgenson** also hope to help the Gusties climb into one of the top spots. The host school - St. Olaf - will be strong in the distance events after winning the MIAC cross country championship in the fall, with **Brian Saska** and **Tim Lillihaugen** leading the way. Sprinters **Reggie Woods** and **Aaron Dunphy** and middle distance runner **Brian Tomlinson** also hope to delight the hometown crowd over the weekend.

Sophomore star **Noah Laack-Veeder** leads St. Olaf's crosstown rival Carleton in the short trip across Northfield for this weekend's MIAC meet with fellow sophomore **Colby Seyferth** and junior **Marcus Hurderle** also adding to the Knights' anticipation for their performance. Saint John's is led by seniors **Kevin Horton** (sprints) **Ruairi Moynihan** (distance) and **Derek Rausch** (hurdles), and the Johnnies have the experience of a recent win over St. Thomas - beating the Tommies in 2011 for the MIAC Outdoor title.

Augsburg is led by distance runner **Michaele Tesema**, sprinter **Lekpea Kordah** and middle-distance freshman Chase Grieves. Concordia has high hopes for pole vaulter **Erik Olson**, sprinter **Bruce Shields** and jumper **Brandon Zylstra**. Macalester is led by freshman jumper **Logan Hovie**, junior runner **Sebastian Roemer** and sophomore runner **Konnor Fleming** and Saint Mary's sends a trio of distance stars - **Aaron Haley**, **Peter Borash** and **Jake Traxler** - to Northfield with high expectations.

The 2013 MIAC Indoor Track and Field Championships begin Thursday with the multi-event competitions. The women's pentathlon starts at 2 p.m. with the men's heptathlon beginning 15 minutes later. The heptathlon finishes up Friday morning at 10:30 a.m., with Friday's field events set to start at 2:30 p.m. and track to follow at 4:15 p.m. Saturday's final starts with 11 a.m. field events and 1 p.m. track events.



Saturday's final event begins at 4:15 p.m., and there will be a short awards ceremony following the conclusion of the meet to honor both team champions. The top three individuals in each event and the first-place relay team will automatically earn All-Conference honors, and the fourth- through sixth-place finishers in each open event and second- through sixth-place relay teams will all be named All-Conference Honorable Mention.

The MIAC has a Web page dedicated to the event, and complete results, recaps, and multimedia coverage of the championships will be available on that site throughout the event. There will be live results available for all events courtesy of [Apple Raceberry Jam](#) and fans can also find entries and heat sheets on the MIAC's event page as they become available.

Admission for the event is \$7 for adults and \$3 for students per day, with children ages 5 and under admitted free. MIAC passes will be honored. St. Olaf is offering parking for spectators in several campus lots, including H Lot, Rand Lot and Buntrock Commons. Visit [St. Olaf's event page](#) for complete information, including parking and directions. The MIAC would like to thank St. Olaf College, its coaches, and its staff, for its efforts as the host school.

2013 MIAC Indoor Track and Field Championships Preview Video

2013 MIAC Men's Indoor Track and Field Championship Coverage

The MIAC Web site will be the first place for results and recaps from the 2013 MIAC Indoor Track and Field Championships. Stay tuned to the 2013 MIAC Indoor Track and Field Championship Home Page, as well as the MIAC's social media networks on [Facebook](#), [Twitter](#) and [YouTube](#) throughout the weekend to stay connected to all the action at St. Olaf. Also, this Thursday's (Feb. 28) MIAC Media Weekly Podcast will offer a preview of the event as Bethel Head Coach **Andrew Rock** joins host **Mike Gallagher** to talk MIAC Track.

| [2013 MIAC Indoor Track and Field Championships Page](#) |

MIAC Men's Indoor Track and Field Links

| [Website](#) | [MIAC Performance Lists](#) | [Composite Schedule](#) | [Team Pages](#) | [Archives](#) | [Recordbook](#) |



AUGSBURG | [Auggies' men's indoor track and field home page](#) |

Head Coach

- Dennis Barker (18th season)

A Year Ago

- 8th place | 31.0 points

Top Performers

- Lekpea Kordah (JR, Sprints I Ranks 3rd in MIAC in 60-meter dash; 8th in 200-meter dash)
- Chase Grieves (FY, Mid-Distance I Ranks 10th in MIAC in 600-meter dash; 15th in 400-meter dash)
- Micheale Tesema (JR, Mid-Distance I Ranks 2nd in MIAC in 5,000-meter run; 7th in 3,000-meter run; 10th in mile run)
- Mike Harley (SO, Hurdles I Ranks 11th in MIAC in 60-meter hurdles; 15th in high jump)
- Matt Green (SO, Throws I Ranks 10th in MIAC in weight throw)

By the Numbers

- 54: NCAA Division III National Championship qualifiers Augsburg head coach Dennis Barker has qualified at Augsburg
- 1:31.29: Time the Augsburg 4x200-meter relay team recorded at the Macalester Pre-MIAC Meet earlier this season (3rd fastest in the MIAC this season)
- 1.96 meters: School-record height Mike Harley recorded at the MIAC Indoor Championships in the high jump last season

Did You Know?

- Micheale Tesema set the Augsburg school record in the 5,000-meter run (15:10.51) earlier this season at the Iowa State University Classic.

Off the Track

- Augsburg head coach Dennis Barker recently served on the coaching staff for the United States team that participated in the Bupa Great Edinburgh Cross Country race earlier this season in Scotland.



BETHEL | [Royals' men's indoor track and field home page](#) |

Head coach

- Andrew Rock (First season)

A Year Ago

- 3rd place | 104.5 points

Top Performers

- Zach Haskins (Jr., 1-mile, 1000-meter | 2012 MIAC Indoor All-Conference Honorable Mention)
- Ian Moore (Jr., Jumps | No. 8 regionally in high jump and No. 7 regionally in triple jump)
- Rob LeMay (Sr., Sprints | 2012 MIAC Indoor and Outdoor 400-meter dash Champion)
- Matt Berens (So., Distance | 2012 MIAC Indoor All-Conference Honorable Mention)
- Bucky Dixon (Sr., Throws | 2011 and 2012 MIAC All-Conference in discuss throw)

By the Numbers

- 49.94: Senior sprinter Rob LeMay swept the 400-meter dash in 2012, as the Maplewood, Minn., native won the event at both the MIAC Indoor and Outdoor Championships. One year ago, LeMay out-leaned his teammate Jordon Spronk with a final time of 49.94 and he bettered his time outdoors with a time of 48.76.
- 10: The Royals had 10 performances receive MIAC All-Conference awards following the 2012 Indoor Track and Field Championships. Among those 10 student-athletes were Rob LeMay, who took first in the 400-meter dash, third in the 600-meter dash, and first with his teammates in the 4x400-meter relay. Along with LeMay, it was Jordon Spronk, Anthony Puckett, and Zach Schlegel. Minus LeMay, the other three partnered with Gavin Woodland to take first in the 4x200-meter relay. Bethel wasn't done in the relay campaign, as BU also captured the top spot in the distance medley event.
- 6: Heading into this weekend's MIAC Championships, six events have members of the Royal's men's track and field ranked in the top eight within the central region. Imbedded in those events is Ian Moore, who is in the top eight for both the high jump and triple jump.

Did You Know?

- Distance runner, Zach Haskins, has had quite the collegiate experience, as he has advanced to three National Championships and could be headed to a fourth. Haskins, a national qualifier in both the last two years of cross country, was crowned an All-American last spring after the 2012 NCAA Division III National Outdoor Track and Field Championships. Going into the weekend, Haskins is ranked No. 5 nationwide in the 1-mile event with a time of 4:12.42.

Off the Track

- The Royals added to its coaching depth over the summer by hiring gold medalist Andrew Rock as the newest head coach of the men's and women's track and field program. Former head coach, Jim Timp, moved to assistant coach (and head men's and women's cross country coach). Before coaching, Rock was a gold medalist at the 2004 Olympic Games, 2006 USA Track and Field National Championships, and 2005 World Championships.



CARLETON | [Knights' men's indoor track and field home page](#) |

Head coach

- Dave Ricks (10th season)

A Year Ago

- 6th place | 69.0 points

Top Performers

- Noah Laack-Veeder (So. | 2012 All-MIAC in 800m run (2nd), and All-Conference Honorable Mention in 1,000m run (5th); currently ranked 3rd in the MIAC in the 800m, 6th in the 600m, and 4th in the 1,000m)
- Colby Seyferth (So. | 2012 All-MIAC Honorable Mention in 200m dash (4th), 400m dash (4th), and 4x400m relay (2nd): currently ranked 9th in the MIAC in the 400m and 9th in the 200m)
- Marcus Hurderle (Jr. | 2012 All-MIAC Honorable Mention in the Mile Run, currently ranked 6th in the MIAC in the Mile Run, 9th in the 3000m, and 7th in the 800m)

- Bobby Davis (Sr. | 2012 All-MIAC Honorable Mention in 5000m run; currently ranked 13th in the MIAC in the 5000m)
- Lobo James (Jr.) Currently ranked in 5th in the MIAC in the High Jump)

By the Numbers

- 4: Noah Laack-Veeder is currently ranked in the top-15 in the conference in four events (600m, 800m, 1000m, and mile)
- 4: Four Knights are currently ranked in the top-10 in the MIAC in the 800m (Noah Laack-Veeder, Jack Percival, Marcus Huderle, Joe Haase)
- 2: Number of Laack-Veeder's in the MIAC's top 10 of the 1000-meter run. Noah Laack Veeder has a seed time of 2:32.25 and twin brother Thor has posted a time of 2:34.76.

Did You Know?

- Sophomore Noah Laack-Veeder currently holds the school record in both the 600m (1:22.99) and 800m (1:54.32)

Off the Track

- Last season, the Carleton College men's track and field team received the USTFCCCA All-Academic Award, and for the fourth consecutive year posted one of the top-20 cumulative grade-point averages in the nation. The Knights tied for 19th with a team GPA of 3.35.



CONCORDIA | [Cobbers' men's indoor track and field home page](#) |

Head coach

- Garrick Larson (20th season)

A Year Ago

- 9th place | 29.5 points

Top Performers

- John Bye (Sr., 60-meter hurdles | Currently ranked 6th in the MIAC)
- Erik Olson (Sr., Pole Vault | Currently ranked 3rd in the MIAC, set the school record in the pole vault by clearing 15-00.25 at the NDSU Bison Open on Feb. 9)
- Bruce Shields (So., 200 meters | Currently ranked 6th in the MIAC, ran the second fastest 200 time in school history at the Ole Open on Feb. 22)
- Brandon Zylstra (Fr., High Jump, Long Jump | Currently ranked 4th in the MIAC in the High jump and long jump, recorded the best height in the HJ by a Cobber athlete since 2001)

By the Numbers

- 5: Concordia has five pole vault athletes ranked in the top 20 of the MIAC this season.
- 1:31.59: The Cobber 4x200-meter relay team ran a 1:31.59 at the Ole Open on Feb. 22 to set a new school record.
- 68: Concordia has 68 athletes on this year's roster which is the most in recent history.

Off the Track

- Concordia earned USTFCCC AScholar All-Academic Team status last season. The Cobbers had a 3.28 team grade point average and were one of eight teams from the MIAC to earn the distinction.



GUSTAVUS | [Gusties' men's indoor track and field home page](#) |

Head coach

- Dale Bahr (Fourth season)

A Year Ago

- Fourth Place | 101.0 points

Top Performers

- Blair Riegel (Jr., Jumps/Sprints) | Seven-time All-Conference performer...Reigning MIAC Champion in 200-meter dash...Runner-up in long jump and triple jump at 2012 MIAC Championships...Currently ranked second in MIAC in triple jump (45-5.25), third in 200-meter dash (22.78), and fourth in 60-meter dash (7.04)...Top-seed in long jump (22-2.5).
- Josh Owens (Sr., Pole Vault) | Reigning MIAC Champion in pole vault...Two-time All-Conference performer in pole vault...Placed ninth at 2012 NCAA Indoor Championships...Top seed with height of 16-1.25...Ranks sixth in NCAA Division III.
- Ryan Obele (Jr., Throws) | Top Gustavus thrower...Currently ranks third in weight throw (52-3.75) and 10th in shot put (44-6.34).

- Eric Jorgenson (Jr., Mid-Distance) | All-Conference performer after placing second in 600-meter dash at 2012 MIAC Indoor Championships...Currently ranked third in 600-meter dash (1:22.80) and ninth in the 800-meter run (1:56.54)

By the Numbers

- 3: The number Gustavus athletes who rank inside the top 10 in the pole vault entering the MIAC Championships.
- 7: The number of top three finishes that junior Blair Riegel has posted in field events during the 2013 indoor regular season. He has six event wins and one second place mark.
- 10: The number of years it has been since Gustavus has had a back-to-back MIAC Champion. Luke Speltz won the shot put in 2002 and 2003. Both Josh Owens and Blair Riegel have a chance to break that streak this season as returning champs in the pole vault and 200-meter dash, respectively.

Did You Know?

- The Gustavus men's track and field team has had at least one conference champion at the MIAC Indoor Championships for seven straight seasons. Within that time, eight athletes have brought home 11 individual event titles.

Off the Track

- The Gustavus track and field team participated in National Heart Month by volunteering at the Jump Rope For Heart events held at North and South Elementary Schools in St. Peter earlier this month. Their participation was a part of a department-wide effort to generate awareness for heart disease and other heart related issues.



Hamline | [Pipers' men's indoor track and field home page](#) |

Head coach

- Paul Schmaedeke (30th season)

A Year Ago

- 2nd place | 129.5 points

In the 2012 NCAA Championships

- Brennan McKeag (10th place, Weight Throw)

Top Performers

- Christian Willman (Sr.) Second best MIAC time in 600 Meters (1:22.67), 5th in 400 meters (50.83)
- Joe Morelli (Jr.) Third best throw in Shot Put (50-3 ½)
- Joey Grussing (So.) Fourth best throw in Shot Put (48 – 2 ½)
- Travis Latzke (Jr.) Top 15 Triple Jump, Long Jump
- Derek Wilson (Jr.), 9th ranked in 60 meter Dash; 20th in 200 meters

By the Numbers

- 6: Number of times in the last seven years Hamline has scored 100 or more points in MIAC Indoor T & F Meet.
- 27: Number of MIAC Indoor T & F meets that HU head coach Paul Schamedeke has been involved in. In other words, all of them.
- 60: Number of athletes on this year's Men's Indoor Roster

Did You Know?

- That Hamline has finished second or third in every MIAC Indoor T & F Meet in the last six meets in a row?

Off the Track

- Hamline's track and field team handle all the spade work for the annual Hamline Elite Meet (more than 50 high schools take part) and the annual MSHSL State Meet, both of which are held at Klas Field.



MACALESTER | [Scots' men's indoor track and field home page](#) |

Head coach

- Martin Peper (20th season)

A Year Ago

- 10th place | 5.0 points

Top Performers

- Logan Hovie (Fy. | won high jump at Tostrud Classic and Pre-MIAC Meet, tied for the MIAC No. 2-ranking in the high jump (6-6), ranked No. 6 in triple jump (42-3 ¼)
- Sebastian Roemer (Jr. | first in 600 dash at Tostrud Classic and Pre-MIAC Meet; runner-up at Bethel meet, ranked No. 8 in 600 (1:23.14) and 14th in 800 meters (1:58.26)
- Konnor Fleming (So. | first of 60 in 200 meters at Tostrud Classic, ranked No. 4 in 200 dash (22.91)
- Auburn Jimenez (Jr. | Distance events)

By the Numbers

- 6/14: Macalester's roster is made up of athletes from six foreign nations and 14 states.
- 20: Head coach Martin Peper is in his 20th season in charge of the Macalester men's program.

Did You Know?

- Olympian Amanda Smock helps coach the Macalester horizontal jumpers. Smock trains at Macalester and won last year's U.S. Olympic Trials.

Off the Track

- Macalester's team made three trips in January to volunteer at Feed My Starving Children, an organization which aids malnourished children. The team has been volunteering at Feed My Starving Children for the past several years.



Saint John's | [Johnnies' men's indoor track and field home page](#) |

Head coach

- Tim Miles (34th season)

A Year Ago

- 7th place | 42.5 points

Top Performers

- Kevin Horton (Sr., currently 2nd in both the 200 and 400 meters, 12th in the 60-meter dash)
- Ruairi Moynihan (Sr., currently 6th in 3,000 meters and 11th in the mile)
- Derek Rausch (Sr., currently 3rd in the 60-meter hurdles)
- Andrew Million (Sr., finished fourth in the 2011 MIAC Decathlon)
- Nick Welshons (Fr., currently 4th in the high jump)

By the Numbers

- .04: The margin of time that senior Kevin Horton broke Saint John's 400-meter school record by earlier this season. Horton's time was 49.86, topping Steve Dalhed's time of 49.9, set in 2005. (Dalhed currently works as an assistant track and field coach for Carleton.)
- 2014: Saint John's will host the 2014 MIAC Outdoor Championships.
- 8.69: Senior Derek Rausch's 60-meter hurdle time of 8.69 makes him a co-holder for the SJU record.

Did You Know?

- Senior Kevin Horton's 400-meter time of 49.86 places him 31st in Division III, only .40 seconds from cracking the top-13 and qualifying for nationals. Horton has already cut 1.5 seconds from his time throughout the 2013 indoor season.



SAINT MARY'S | [Cardinals' men's indoor track and field home page](#) |

Head coach

- Shawn McMahon (Sixth season)

A Year Ago

- 11th place | 0.0 points

Top Performers

- Aaron Haley (So., 5-6, 130 | Set school record in 5,000 this season; First-Team All-MIAC in cross country in 2012)
- Peter Borash (Sr., 5-10, 150 | H-M All-MIAC in cross country in 2012; member of school record-setting distance medley at 2012 MIAC Indoor Championships)
- Jake Traxler (Sr., 5-11, 150 | H-M All-MIAC in cross country in 2012; Set school record in steeplechase at MIAC Outdoor Championships; member of school record-setting distance medley at 2012 MIAC Indoor Championships)

By The Numbers

- 1: The Cardinals' Aaron Haley (Plainview, Minn.) ranks No. 1 on SMU's all-time list in the 5,000 meters, clocking a record-setting time of 15:30.64 earlier this year.
- 2: Jake Traxler (Le Center, Minn.) is not only one of the Cardinals' top distance runners, but he's also the school-record holder in the 3,000-meter steeplechase,
- 10:48.69: The SMU men's distance medley relay team of John Soucheray (Woodbury, Minn.), Gabe Thiel (Elgin, Minn.), Peter Borash (Bowlus, Minn.) and Jake Traxler (Le Center, Minn.) shattered the indoor school record, placing ninth at the MIAC Indoor Championships with a time of 10:48.69.

Did You Know?

- Dual-sport athletes Regina Quandt and Michael Mockler, both cross country and track and field standouts, were named Saint Mary's University's 2012 Outstanding Seniors

Off The Track

- Along with sweeping Saint Mary's Outstanding Senior honors in 2011-2012, the Cardinals' Jake Traxler also earned Academic All-MIAC teams in both the fall and the winter-spring seasons



ST. OLAF | [Oles' men's indoor track and field home page](#) |

Head coach

- Phil Lundin (Fifth season)

A Year Ago

- 5th place | 77.5 points

In the 2012 NCAA Championships

- 2012 NCAA Men's Indoor Championships: Sophomore Brian Saksa ('14) earned All-America honors placing seventh in the mile, sec

Top Performers

- Brian Saksa (Junior; Middle distance | Earned All-America honors at NCAA 2012 DII Indoor Track and Field Championships placing seventh in the mile, second in St. Olaf history with mile time: 4:09.64, All-Conference in the 2012 MIAC Indoor mile and 1000m placing second in both)
- Tim Lillihaugen (Senior; Middle distance, distance | Currently top of the MIAC in the 3000m and the 5K, ranked in the top ten for the MIAC mile and 1000m)
- Reggie Woods (Senior; Sprinter | St. Olaf record holder in the 60m dash (7.02), currently first in the MIAC in the 60m, finished All-Conference honorable mention (sixth) at MIAC Indoor 2012 in the 60m, All-Conference in the 55m at 2011 MIAC Indoor, Honorable Mention in the 55m at MIAC Indoor 2010)
- Aaron Dunphy (Sophomore; Hurdles, sprints | Currently second in the MIAC in the 60m hurdles, St. Olaf record holder in the 60m hurdles (8.55))
- Brian Tomlinson (Senior; Middle distance | Currently in the top five in the 600m and 800m and second in the 1000m in the MIAC, ranks fourth on St. Olaf all-time list for Outdoor 800m, was All-Conference placing fourth at Outdoor MIAC)

By the Numbers

- 4: Number of number one positions St. Olaf men currently hold in the conference going into MIAC Championships

Did You Know?

- Junior Brian Saksa broke his own mile record and defended his title at the University of Minnesota Snowshoe Open with a time of 4:09.64 that currently ranks second in Division III Men's Indoor Track and Field.

Off the Track

- Junior Andrew Fuglestad is the co-director of the volunteer program Ole Spring Relief that travels to different parts of the United States during spring break to provide volunteer service to communities in need.



ST. THOMAS | [Tommies' men's indoor track and field home page](#) |

Head coach

- Steve Mathre (18th season)

A Year Ago

- 1st place | 189.5 points

Top Performers

- Eyo Ekpo, SR, All-America TJ and HJ, ranked first in triple and high jumps, third in long jump in MIAC
- Cody Jerabek, JR, sprints, ranked 12th nationally in 60; first in MIAC 60 and 200 dashes
- Bryan Thell, JR, throws, ranked first in MIAC shot put and weight throw, 20th in D-III weight throw
- Doug Thoresen, SO, mid-distance, ranked first in 400 and 600, second in 800 in MIAC
- Maxwell Dunne, JR, 2012 NCAA qualifier in multi, ranked second in nation in heptathlon

By the Numbers

- 28: Team championships won by Tommies, out of a possible 28, in MIAC indoor track and field history
- 29: MIAC Indoor/Outdoor team crowns won by Tommies, out of a possible 34, in Coach Steve Mathre's first 17 seasons
- 9: Events, out of a possible 20, where Tommie men have MIAC's best season performance

Did You Know?

- Junior Maxwell Dunne, senior Gavin Yseth and fifth-year senior Devin Dirth are seeded 1-2-3 in the MIAC and 2-26-28 nationally in the heptathlon, which will be contested on Thursday. Dirth missed last season with an injury.

Off the Track

- Out of more than 1,300 classmates, All-America Eyo Ekpo has been voted the recipient of the Class of 2013 Tommie Award for leadership and campus involvement. An Academic All-America, NCAA runner-up and multi-time All-America in the high jump and triple jump, Ekpo has a 3.69 grade-point average in Entrepreneurship. A three-time MIAC meet field-event MVP, Ekpo has competed in five indoor/outdoor conference meets thus far on his career and has eight firsts, four seconds and two thirds in jumps to lead St. Thomas to five team championships. Ekpo has also been a member of UST's Student Athlete Advisory Committee; and has volunteered as a tutor at a local elementary school, as a youth coach, with the Boys and Girls Club and with Feed My Starving Children.
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